

International Media Support Group

Verbal De-Escalation for Journalists

Journalists routinely find themselves in positions where they are confronted by aggressive individuals who target them simply because of the job they are doing. This class helps journalists understand how to deal with aggressive individuals, prevent further escalation of tension and to avoid physical violence.

Core Components

- Introduction & Terminology
- Barriers to Communications
- Common Indicators of Violence
- Verbal / Non-Verbal Communications
- Dealing with Police & Protest Groups
- De-Escalation Skills

Objectives

1. The student shall know the definitions associated with various verbal de-escalation skills.
2. The student shall know some of the common barriers to communication.
3. The student shall identify some of the common indicators/signs of agitation & anger presented by the subject.
4. The student shall understand how their own non-verbal and verbal communications influences the communication process.
5. The student shall know some of the verbal and non-verbal de-escalation techniques to reduce physical confrontations.



Course Delivery Options

4-Hours in Person Class

- Maximum of 14 Students
- Includes two instructors
- Hands on skill simulations & roleplay
- Multi-Lingual Delivery
- Printed Class Handouts

2-Hours Virtual Zoom Delivery

- Unlimited Students
- One instructor, Core Fundamentals only
- No skill simulation or roleplay

Pricing is per class, Flat Rate.

[**Contact Us for Details**](#)